

**Colorado Springs School District 11**  
**NOTICE OF POSSIBLE USE OF RESTRAINT (JKA-E-1)**

- A. Child's Name: \_\_\_\_\_ School: \_\_\_\_\_
- B. The Colorado Protection of Persons from Restraint Act permits the use of restraint in cases of emergency after failure of less restrictive alternatives or after a determination by staff that such alternatives would be inappropriate or ineffective under the circumstances. The purpose of this Notice is to advise you that the District believes it may be necessary to restrain your child in the event of an emergency.
- C. Types of restraints that may be used with your child include (check which apply):
- Physical Restraints       Mechanical Restraints       Seclusion
- D. Restraint techniques likely to be used (*i.e.* basket hold, etc.): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- E. Circumstances in which restraint might be used (*i.e.* if your child is kicking, hitting, throwing, running away, etc.): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- F. Names of staff members most likely to use restraint with your child: \_\_\_\_\_  
\_\_\_\_\_
- G. Definitions
1. "Emergency" means serious, probable, imminent threat of bodily harm to self or others with the present ability to effect such bodily injury. "Emergency" includes situations in which the student creates such a threat by abusing or destroying property.
  2. "Restraint" means any method or device used to involuntarily limit freedom of movement, including, but not limited to, bodily physical force, mechanical devices and seclusion.
  3. "Physical Restraint" means the use of bodily physical force to involuntarily limit a student's freedom of movement. "Physical Restraint" does not include:
    - Holding of a student for less than five minutes by a staff member for the protection of the student or others;
    - Brief holding of a student by one staff member for the purpose of calming or comforting the student;
    - Minimal physical contact for the purpose of safely escorting a student from one area to another; or
    - Minimal physical contact for the purpose of assisting the student in completing a task or response.
  4. "Mechanical Restraint" means a physical device used to involuntarily restrict the movement of a student or the movement or normal function of his or her body. "Mechanical Restraint" does not include:
    - Devices recommended by a physician, occupational therapist, or physical therapist and agreed to by a student's IEP Team or 504 Team and used in accordance with the student's IEP or 504 Plan;
    - Protective devices such as helmets, mitts, and similar devices used to prevent self-injury and in accordance with a student's IEP or 504 Plan;
    - Adaptive devices to facilitate instruction or therapy and used as recommended by an occupational therapist or physical therapist, and consistent with a student's IEP or 504 Plan; or
    - Positioning or securing devices used to allow treatment of a student's medical needs.

“Mechanical Restraints” will not be used by District staff, except for armed security officers who:

- Have received documented training in defensive tactics utilizing handcuffing procedures; and
- Are detaining a student for law enforcement.

5. “Seclusion” means the placement of a student alone in a room from which egress is prevented. Seclusion does not include “time-out” which is the removal of a student from potentially rewarding people or situations. A time-out is not used primarily to confine the student, but to limit accessibility to reinforcement. In a time-out, the student is not physically prevented from leaving the designated time-out area. Such a time-out requires effective monitoring by staff.

H. Purpose

The purpose of restraint is to protect your child and others from the serious, imminent, probable threat of bodily harm.

I. Procedures

Please see Board Policy JKA and Regulation JKA-R which govern the use of physical intervention, copies of which are either attached to this Notice or are available on the District’s website (<http://www.d11.org/boe/policies/>).

J. Positive and Less Restrictive Methods

Positive and less restrictive methods to deal with your child’s behavior prior to the use of restraint are described in your child’s behavior plan, a copy of which is either attached to this Notice or has already been provided to you.

K. Training

The District utilizes crisis prevention intervention techniques when restraining students. Staff members who routinely physically restrain students are trained in the use of such techniques, as well as in applicable laws governing the use of restraint.

L. Reporting and Documentation

1. If restraint is used, a written report will be submitted within one day to the school principal or his/her designee.
2. The school principal or his/her designee will verbally notify you, as soon as possible, but no later than the end of the school day that restraint was used.
3. A written report will be mailed, e-mailed or faxed to you within five calendar days following the use of restraint and a copy placed in your child’s file.

I hereby state that I was provided with a copy of this Notice.

\_\_\_\_\_  
Student (if appropriate)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date